

# WERU SALT AIR

WERU Community Radio News & Program Guide - Autumn 2011 - **FREE!**  
89.9 FM Midcoast, Downeast & Central Maine - 99.9 FM Greater Bangor - Webcasting: <http://weru.org>

# LIVE RADIO AUCTION!

By Mary Kellett,  
WERU Auction Organizer

Tune in on **Saturday, December 3, 2011, from 8 am until Noon** and bid on a wide range of items donated by members of the WERU community. Most items are gift certificates for restaurants, inns, classes, books,

garden supplies and many other services and products. A few items, including artwork, craftwork and more can be viewed at our website [www.weru.org](http://www.weru.org).

Bidding on each item will begin at half its value. Support your favorite community radio station, secure great holiday gifts, and have fun!

We will auction items off in groups of three or four. Our auctioneers will describe each group and then play music while the bids come in. You can call **469-6600** or **1-800-643-6273** and give your name, phone number and bid to one of our phone answerers. The auctioneers will update listeners as the

bids come in. Each grouping will be available for bids for approximately five minutes.

If you are the highest bidder you will receive a call from another volunteer who will ask if you are paying by check or credit card and get your mailing address. A few items that have been donated cannot be

sent through the mail and we will ask you to make arrangements to collect those items.

Please check our website for updates at [www.weru.org](http://www.weru.org). We will be posting the order in which items will be offered for bids on the website a few days before the auction.

**AUCTION CATALOG pages 4-5**



## CALL-IN SHOW PROFILE: HEALTHY OPTIONS

BY CHRIS STARK, WERU VOLUNTEER COORDINATOR

*Healthy Options* airs on the 1st Wednesday of the month from 10 to 11 a.m. with hosts Cynthia Swan (center), Andree Bella (right) and Rhonda Feiman (left). Previous shows can be found at the audio archives on [weru.org](http://weru.org).

Cynthia Swan initially started *Healthy Options* over 7 years ago. Her background includes a Bachelor's in Theatre and a Master's

degree in Education, thus she appreciates the opportunity to talk about topics she's passionate about on WERU Community Radio. Cynthia thinks "communication is as important as breathing". As a Holistic Educator, Consultant and Bodyworker, Cynthia believes Integrative Medicine benefits the whole person as we all are more than the sum of our parts. After do-

ing the show on her own for several years, Cynthia invited Andree Bella to do four shows, starting as a co-host. Rhonda Feiman joined the team shortly after. Cynthia feels having more than one host allows for a wider variety of topics and perspectives and now each host does 4 shows a year on their own. *Healthy Options* is an Integrative Medicine Show leaning toward Holistic,

rather than Conventional (Allopathic) Medicine. Sometimes the topics are controversial and allow for stimulating conversation and interesting questions/commentary from listeners since *Healthy Options* is a live call-in show.

Where Cynthia and Rhonda are health professionals, Andree Bella provides the "lay person's ap-

**CONTINUED page six**

## LEADER OF THE PACK Joneford's *Dog Talk* Has Bite!

By Chris Stark, WERU Volunteer Coordinator

*Scouting the Perimeters'* (Monday 9-10 a.m.) music host, Jon-e-ford has added a new feature to the airwaves and the ether: *Dog Talk*. It can be heard on the last Thursday of the month, from 10 to 11 a.m. (or on WERU's audio archives).

On a full moon, or when the spirit moves them, Joneford and his 7 dogs can be heard howling to the moon somewhere on Mount Desert Island. In Joneford's connection with his dogs, he is definitely the Alpha. Joneford says that a dog wants you to be in charge – otherwise it becomes

a troubled relationship.

Joneford loves dogs but tolerates people. He says, "I'm addicted to the unconditional love, wonderful companionship and fun" dogs offer. The goal of his show, *Dog Talk*, is to provide good information about dogs to strengthen the relationship between people and their canine companions.

In his last 3 shows, Joneford covered dog health with a veterinarian, the truth about pit bulls and dog attacks, and information from Mount Desert Island on shelters and food pantries for dogs. In the No-

**CONTINUED page six**



*Dog Talk* host Joneford with some of his best friends.

1186 Acadia Highway  
East Orland, ME 04431  
(207) 469-6600  
<http://weru.org/>  
[info@weru.org](mailto:info@weru.org)



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WERU’S MISSION

WERU provides a community-based non-commercial radio service; WERU broadcasts programs designed to serve the needs of those not fully served by other broadcast media in the areas covered by the WERU signal; WERU is a “voice of many voices” offering a wide variety of people an opportunity to share their experiences, concerns, perspectives and information with their neighbors over the airwaves and Internet.

BOARD OF DIRECTORS

WERU-FM is licensed to Salt Pond Community Broadcasting, a non-profit corporation actively run by an all-volunteer Board of Directors from the community that WERU-FM serves. Board meetings are open to the public. The current board members are:

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The CAB advises the Board of Directors on how well the the station serves the mission of WERU-FM. CAB meetings are open to the public The current CAB members are:

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Chris Stark	Office & Volunteer Coordinator

PLEASE CONTACT SALT AIR :  
comments, corrections questions,  
subscription info: adam@weru.org

WERU-FM  
PO Box 170  
East Orland, ME 04431

Office: (207) 469-6600  
Studio: (207) 469-0500  
Fax: (207) 469-8961

E-mail: info@weru.org  
Webcasting:  
http://weru.org/

Salt Air is published by the staff and volunteers of WERU, and is printed with soy-based ink at the Ellsworth American. Copies of Salt Air are mailed directly to all current members and distributed throughout WERU’s listening area by volunteers and staff. This issue and other back issues are available to download at <http://weru.org/>

WERU-FM broadcasts 24 hours a day from the top of Blue Hill Mountain in the town of Blue Hill at **89.9 FM** and **99.9 FM** to greater Bangor and is wecasting at <http://weru.org/>. WERU is a member of Maine Association of Broadcasters, Maine Association of Nonprofits, National Federation of Community Broadcasters, and the Grassroots Radio Coalition.

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Editor’s Note: If you are aware of any Supporters left off the list please contact WERU ASAP. This list is also available at [weru.org](http://weru.org)





By Matt Murphy,  
WERU General Manager

What does Community Radio mean to you? Information? Entertainment? What needs does WERU meet for you and your community?

These are just a few of the questions that the board, staff and volunteers of WERU think about each and every day. In short, what is the role of WERU in the lives of individuals, families and communities that are served by the station? We try to meet the needs of our community around the clock for independent and alternative programming, and we know that we are successful to the extent that we get feedback, and financial support, from our listeners. ([feedback@weru.org](mailto:feedback@weru.org), studio line 469-0500 or office line 469-6600.)

By the time you read this edition of *Salt Air* our final **Pledge Drive** of 2011 will have concluded, hopefully by reaching our dollar and new member goals for the year. Thank you for all of your support if you are already a member and if you are not yet a member there is still time before the end of the year to make a contribution and become a WERU member. And thank you to all the volunteers answering the pledge phones and encouraging your pledges over the air!

Thank you to all the Bangor area listeners at 99.9 FM, for tuning in and for supporting the station financially. Please continue to spread the word by

telling your friends, family, co-workers and others about WERU. Every time you recommend the station we get a little bit stronger by gaining a new listener and maybe a member.

Since the last *Salt Air* we've had some successful station events, including our live broadcast of the **American Folk Festival** in Bangor, another fun **Boat Talk Cruise** out of Northeast Harbor aboard the *Sea Princess*, a concert with blues/folk artist **Malcolm Holcombe** at the Big Easy in the Charles Inn in downtown Bangor and the **WERU Community Story Forums** in Blue Hill and Belfast. Coming up is our **WERU Live Radio Auction** on Saturday morning, December 3rd (see story page 1, catalog pages 4-5) Thank you to the over 100 businesses and individuals who donated gift certificates to this year's Auction. And of course we thank all of you who participate in our events and all the volunteers who work at them. Once again, listener support and volunteered power is the way to go!

A new project of the radio station is the **WERU Community Story Forum**, which so far has taken place in Blue Hill and Belfast. The story forum is a gathering of people for an evening of storytelling about the people and history of their town that we record for broadcast and in our archives at [www.weru.org](http://www.weru.org). CDs of the forum will also be available at the public library (where the forums are usually held). Contact our News & Public Affairs Manager, Amy Browne, at 469-6600 or [amy@weru.org](mailto:amy@weru.org) if you'd like to work with us on a story forum in your town.

In programming news, welcome back to Cousin Phil Norris, a stalwart of folk music on WERU for many years many years ago, who is back on the air as a member of the *Saturday Morning Coffeehouse* crew. Also back on the air after many years out of the rotation is Rich Hilsinger, now hosting the Tuesday edition of *On the Wing*. And tune

in to a new program, *Conceptual Continuity* with Howie Kittelson featuring all things Frank Zappa, Saturday midnight to Sunday 2 a.m.

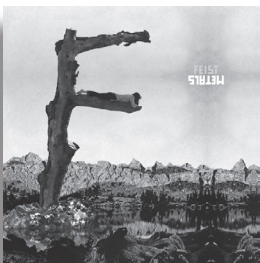
In the youth and future of Community Radio department, we've got five high school gentlemen (from Mount Desert Island, Blue Hill, Penobscot and Belfast) doing programs on the station: Gavin Rogers now co-hosting *Jazz Scene* with Jeri Spurling (Monday 6-8 p.m.), Wes Sterrs and Quinn Mitchell take turns hosting the 3-4 p.m. block on Saturday (Sterrs with *Beastly Jams* and Quinn with *Quinntopia*), Adam Peruzzi and Michael Arsenaault co-host the video game culture talk radio program *This Zombie Gun Sucks* Saturdays from 4-5 p.m.

Thanks to two great long-time volunteers, Matt Baya and Jim Bahoosh, who have moved on. *Saturday Morning Coffeehouse* host Matt, who after ten years of bringing us great folk music, has moved out of state. In addition to programming, Matt helped to run the Full Circle Fair and numerous folk concerts, and was on our Board of Directors and Technology Committee. Jim hosted Tuesday's *On the Wing* for over a decade as well, bringing listeners wonderful variety from all over the musical spectrum. Jim also ran our winter film series in Belfast and helped with the annual auction. Both of these gentlemen will be greatly missed and we wish them all the best.

As for our old transmitter, the very one that we have been using to broadcast since the beginning of the radio station over twenty-three years ago, we plan to replace it next summer so please bear with us for a little while longer. We are currently fundraising for major gifts and foundation grants. As always, our goal is to keep WERU going strong so that we can serve the community with great radio as the "voice of many voices." Thank you for doing your part as listeners, members, volunteers and business supporters!

## NEW MUSIC REVIEWS

WERU's Brother Al Gives His Favorite 5



### Feist --- *Metals*

Leslie Feist's indie roots come from her time with the Canadian band Broken Social Scene. With the release of her second solo album, *Let It Die* in 2004, Feist has enjoyed commercial success and collected several Juno awards and Grammy nominations. After taking some time off from her busy schedule, in January of 2011 she and collaborators Chilly Gonzales and Mocky went to Big Sur to record *Metals*. *Telegraph.com/uk* says the album is "rich in atmospheric beauty, Feist's quivering voice oozes sensuality and acts as a focal point for the drowsy piano, rumbling blues workout and ethereal soul." The 12 songs are stunningly beautiful and her best work to date.

### Pieta Brown --- *Mercury*

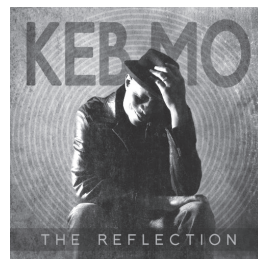


After her stint opening for Mark Knopfler's North American Tour, it is no surprise that many of his musicians are on Pieta Brown's newest release. Along with husband Bo Ramsey (former guitarist for Lucinda Williams), Brown, et al spent three days in a rural Tennessee studio to create, as the *Press Citizen* says, "a vibrant visceral immediacy that fairly crackles from the interactive sparking of a thoroughly engaged combo." This baker's dozen of new songs on the Red House label display Brown's ability to capture a mood and create a vibe.

### The Infamous Stringdusters --- *We'll Do It Live*

*We'll Do It Live* is the first release on the Stringdusters' own label High Country Recordings. With roots in such bands as Leftover Salmon, Bering Strait, and the Waybacks, these guys from Nashville represent the cream of the crop of young bluegrass musicians. This crystal clear live recording is representative of their shows and has the *Southern Journal of Jam* stating "The Stringdusters are taking improvised string band music to new places, combining musicianship, songwriting and experimental performance."

### Keb Mo --- *The Reflection*



Keb Mo's newest release is on his own label, Yolabelle. *ABC News.com* says, "With bluesy guitar, groovy Hammond organ, and Keb Mo's rich smokey voice, *The Reflection* is a warm mellow ride from start to finish". This album was written during his relocation from L.A. to Nashville and is an object lesson in just what it means to play rhythm and blues. Combining that with the ability to open his heart and soul to a listener through his voice, Keb Mo has created some of the finest tunes you'll have heard in ages.

### The Dang-it Bobbys --- *Big Trouble*

Kris Bauman and Luca Benedetti are the Dang-it Bobbys. Formed in 2004, these two Brooklyn based musicians distill classic country and bluegrass, ferment it with modern indie sounds, and age it with intricate jazz harmonies; the result is strikingly original. *Pop Matters* says *Big Trouble* is "one of the best Americana albums of 2011". Intelligent lyrics and an appealing sound that's not quite mainstream make these 13 songs downright contagious.



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## DEC. 3rd LIVE RADIO AUCTION CATALOG

**1. Painting.** A framed pastel portrait of a red fox by **Rebekah Raye**, 1985, as depicted in the award-winning children's book *Wild Fox: A True Story* by Cherie Mason. (29" high by 33" wide with frame) Value: \$1,000.00+

**2. Wooden Boat School.** Offers a wide range of classes designed for beginning, intermediate, or experienced woodworkers during the 2012 or 2013 summer session. The classes are small and intimate, which allows each student the opportunity to receive plenty of personalized attention from the instructor. Value \$750. [www.woodenboat.com](http://www.woodenboat.com)

**3. Windward Passage & Vela Sailing Adventures** is donating a 5-day cruise on Penobscot Bay aboard the 50' sailing vessel *Vela* for youth ages 12 to 18. Value: \$600. [www.windwardpassage.org](http://www.windwardpassage.org).

**Downeast Family YMCA.** Ellsworth. Offering fitness rooms, a swimming pool and gym as well as fifty hours of free programming each week. Gift certificate for one adult annual membership. Begin use by 6/15/12. Value: \$500. [www.defymca.com](http://www.defymca.com).

**5. Frederica Marshall.** Master Brush Painter, artist, teacher and researcher who currently resides in Deer Isle, is providing a 3 day Japanese Sumi-e workshop including all art materials and supplies. Value: \$350. [www.fredericamarshall.com](http://www.fredericamarshall.com)

**Atlantic Boat Company,** in Brooklin, has given a \$350 gift certificate toward service and storage of a 31' to 40' boat during the 2012-2013 storage season. [www.atlanticboat.com](http://www.atlanticboat.com)

**7. Haystack Mountain School of Crafts** on Deer Isle offers intensive studio-based workshops in a variety of craft media including clay, glass, metals, paper, blacksmithing, weaving, woodworking and more. Programs range from short workshops to two-week sessions and anyone may participate, from beginners to advanced professionals. Haystack is offering An Open Door Workshop for the 2012 fall program. Value: \$300. [www.haystack-mtn.org](http://www.haystack-mtn.org)

**Tidewater Motel & Gathering Place.** Vinalhaven offers two nights of waterfront lodging, closer to the water than any other place that's not a boat. The Tidewater is built on a bridge; the ebb and flow of the tides provides a soundtrack for your stay as the water flows directly below your room inches away. Between September 1 and May 31. \$300.00 value. [www.tidewatermotel.com](http://www.tidewatermotel.com).

**Coast to Islands Sailing Charters** provides a 3-hour dinner sail for 2 from Belfast aboard the 60 foot Miss Nina wooden pilot house ketch. 3 course dinner. Will accommodate special diets. The pilot house is full size and is above deck level. 24-hour reservation is required from Memorial Day to October 10, 2012. Value: \$200. [sailingmissnina.com](http://sailingmissnina.com)

**Darwin K. Davidson.** Join your host of Bronzewound on a 5 hour boat trip in the Deer Isle / Penobscot Bay area for up to 7 people. Value: \$200 [www.darwindavidson.com](http://www.darwindavidson.com)

**DJ Denis Howard.** Denis Howard, your host on Friday's Morning Maine, is contributing two hours of music and/or announcing at your event (class reunion, bar mitzvah, wedding reception) Value: \$200.00

**Down East Nature Tour,** Bar Harbor, offers year round birding tours throughout Maine and the Down East coast focusing on MDI. A gift certificate for one 4 hour tour for 2 people to be used by July 2012.. Value: \$200.00. [www.downeastnaturetours.com](http://www.downeastnaturetours.com).

**The Lester Gallery LLC,** Deer Isle A 14" x 16" original photograph of the Maine Landscape by Terrell S. Lester. Value: \$175. [www.thelestergalleryllc.com](http://www.thelestergalleryllc.com).

**Baldwin Apple Ladders.** Brooks. Peter Baldwin provides a hand-made wooden orchard ladder made of big-toothed aspen and ash. Value: \$165 [www.peterbaldwinarts.com](http://www.peterbaldwinarts.com)

**The Green Store,** Belfast is donating an envirocycle mini composter for odor-free composting. Value: \$159. [www.greenstore.com](http://www.greenstore.com).

**Center Harbor Sails** in Brooklin is offering a sea tote bag made of recycled sails by Seabags of Portland - an "ideal bucket" - rigger's bag with pockets. Handmade in Brooklin by Jed Siebert. Value: \$150. [www.centerharborsails.com](http://www.centerharborsails.com)

**Farrin Photography,** Ellsworth. Robin Farrin is contributing a Family Portrait Session. Value: \$150. [www.coastalmainephotography.com](http://www.coastalmainephotography.com).

**Jay Peterson Signs,** Sedgwick. Rhythm Ranch host, sign painter and sign carver Jay Peterson offers a \$150 gift certificate for truck or boat lettering, a painted double sided sign or towards a larger project.

**The Charles Inn.** Downtown Bangor. Bangor's only Art Gallery hotel with spacious accommodations.. Free

breakfast, parking, wireless internet, local phone calls and more! Gift certificate for one night stay in a queen size bed non-smoking room. Black out dates may apply. Use by 10/31/2012, black out dates 5/5/2012 and 8/24/2012. Value: \$150. [www.thecharlesinn.com](http://www.thecharlesinn.com)

**Camden Snow Bowl,** Camden. A community owned ski and recreation area from the summit of 1300' Ragged Mountain. Home to Snow Bowl's trails, skiers and riders have an incredible view of the Atlantic Ocean. Four "anytime" lift tickets. Value: \$140.00 [www.camdensnowbowl.com](http://www.camdensnowbowl.com).

**Alamoosook Lakeside Inn,** Orland, offers lodging for two people Value: \$139.00 [www.alamoosooklakesideinn.com](http://www.alamoosooklakesideinn.com).

**Cedar Crest Inn,** Camden. Located on 3.5 acres with views of Mt. Battie, the 37 room Cedar Crest Inn features free wireless internet, a heated outdoor pool and a full service restaurant featuring breakfast, lunch and dinner with their specialty of hand tossed pizza. The Inn offers a one night stay May thru October. Value: \$132.00 [www.cedarcrestinnmaine.com](http://www.cedarcrestinnmaine.com)

**Diver Ed,** Bar Harbor, donates a certificate for a 2 hour scenic dive in theater for 2 adults and 2 kids. Take a journey to the bottom of the sea without ever getting wet when you dive into Maine's only underwater sightseeing trip. Value: \$130.00. [www.divered.com](http://www.divered.com).

**Country Inn at Camden,** Rockport. Open year 'round. Only minutes from beautiful Camden and Rockport Harbors and a myriad of coastal attractions. Gift certificate for one night stay through May 18, 2012 in the Country Suite. Value: \$117.00 [www.countryinnmaine.com](http://www.countryinnmaine.com).

**Gentle Acupuncture Community Clinic,** Mary O'Herin donates two acupuncture treatments. Value: \$110.00

**Castine Kayak Adventures.** A bioluminescent night kayak paddle tour for two. Value: \$110.00 [www.castinekayak.com](http://www.castinekayak.com).

**Havana Restaurant,** Bar Harbor. American fine dining with a Latin flair. A great atmosphere, extensive wine list, knowledgeable staff and sophisticated menu. Seafood, vegetarian and meat dishes are flavored with intelligence and respect and change weekly, sometimes daily. Havana is located in downtown Bar Harbor. Gift certificate: \$100 value. Open Wednesday - Saturday November and December, closing after New Years. [www.havanamaine.com](http://www.havanamaine.com).

**Tom's Terrific Tattoo,** Ellsworth. Offers a \$100 gift certificate, good thru Dec. 5th, 2012 [www.tomsterrifictattoos.net](http://www.tomsterrifictattoos.net).

**Handworks Gallery,** Blue Hill. For more than 30 years Handworks in Blue Hill has been representing local artists. The gallery includes a children's room. Gift certificate: \$100 value. [www.handworksgallery.org](http://www.handworksgallery.org)

**Whale's Rib Tavern,** Deer Isle, offers a dinner for two. Value: \$100.00. [www.pilgrimsinn.com](http://www.pilgrimsinn.com).

**The Red House Bed and Bath,** Little Deer Isle, offers one night's lodging for two adults Value: \$100.00 [www.redhousebedandbath.com](http://www.redhousebedandbath.com).

**Holbrook Williams Garden Services,** Brooklin, will provide three to four hours of garden services on the Blue Hill Peninsula. Value: \$100.00.

**The Cave,** Brooklin, purveyors of cheese, chocolate and wine, is contributing a cheese appetizer platter (you choose), Value: \$100.00 [www.thecavebrooklin.com](http://www.thecavebrooklin.com).

**Kneisel Hall,** Blue Hill. One of the top chamber music schools and festivals in the U.S., offers four 2012 season passes to young artist performances and master classes. 4 gift certificates: Value: \$95 each. [www.kneiselhall.org](http://www.kneiselhall.org)

**Kristy Pottle, LMT, CH,** Belfast, is providing one session of hypnotherapy. Value: \$90.00

**Maria Gail, LMT,** Belfast, is donating a 90 minute therapeutic massage, \$85.00 value. [www.mariagailmassage.com](http://www.mariagailmassage.com).

**Island Fishing Gear and Auto Parts,** Stonington, is giving a heavy fleece and PVC Pullover, \$85.00 value.

**Black Dinah Chocolatiers,** Isle au Haut, offers \$79.95 gift certificate for chocolates and an autographed copy of Kate's brand-new book: *Desserted: Recipes and Tales from an Island Chocolatier* and a \$50.00 gift certificate for chocolates. [www.blackdinahchocolatiers.com](http://www.blackdinahchocolatiers.com).

**Lynn Karlin Photography,** Belfast, will provide a signed copy of the book: *Maine Farm* \$75.00 value, [www.lynnkarlinphoto.com](http://www.lynnkarlinphoto.com).

**MaineBytes,** Bucksport, is donating a one hour computer tune-up. Value: \$75.00 [www.mainebytes.net](http://www.mainebytes.net).

**Clay Forms Pottery,** Sedgwick, is contributing a pottery gift certificate for Melanie Kane handmade porcelain pottery. Value: \$75.00. [www.clayformspottery.com](http://www.clayformspottery.com).

**Maine Boats, Homes & Harbors Magazine,** Rockland, is furnishing a year's subscription to Maine Boats, Homes & Harbors Magazine and 4 tickets to the Maine Boats, Homes & Harbors Show (August 2012). Value: \$70.00 [www.maineboats.com](http://www.maineboats.com)

**Hardy Boat Cruises,** New Harbor, offers two adult round trip tickets to Monhegan (\$64.00 value) and two adult round trip tickets for Puffin watching (\$48.00). [www.hardyboat.com](http://www.hardyboat.com)

**Belfast Dance Studio,** Belfast, dedicated to providing space where everyone can explore the world of movement, gives one session of Creative Dance with Lisa Newcomb for ages 5-7 to be used by 6/30/12. Value: \$64.00. Belfast Dance Studio also donates one session of Song, Rhythm and Dance with Lisa Newcomb for ages 3-5 to be used by 6/30/12. Value: \$64.00. Plus they donate one hour in the sauna for 1 or 2 people to be used by 6/30/12. Value: \$16.00. [www.belfastdancestudio.com](http://www.belfastdancestudio.com).

**Northern Bay Boat,** Penobscot. Richard Washburn contributes 2 hours of rigging work on sailboats - tune rig, put on sails, reefing lines etc. Value: \$60. [nbayboat@gmail.com](mailto:nbayboat@gmail.com).

**Camden Opera House,** Camden, is furnishing two tickets for Irish ensemble *Danu*, on March 13, 2012. The group has thrilled Celtic music lovers around the globe with virtuoso playing and the gorgeous voice of Muireann Nic. Value: \$60.00. [camdenoperahouse.com](http://camdenoperahouse.com).

**Peninsula Metamorphic Arts & Learning,** Blue Hill, offers tuition for one month of once a week after-school enrichment arts and activities program. Value: \$60.00 [www.peninsulametamorphic.com](http://www.peninsulametamorphic.com).

**Bunny Gorski Polarity and Massage Therapy,** Brooklin. A gift certificate for a health enhancing session of polarity therapy or massage by appointment in her studio in Brooklin. Value: \$60.00

**Fahringers Framing Gallery.** Ellsworth. Fahringers Framing Gallery features expert custom framing and design consultation as well as printing, and photo & art restoration services. Gift certificate: \$50 value.. [www.fahringersframinggallery.com](http://www.fahringersframinggallery.com)

**The Fiddlehead Restaurant.** Bangor. A downtown, local eatery featuring Maine's produce and meats in a friendly, comfortable atmosphere. Gift certificate: \$50.00 value. [www.thefiddleheadrestaurant.com](http://www.thefiddleheadrestaurant.com)

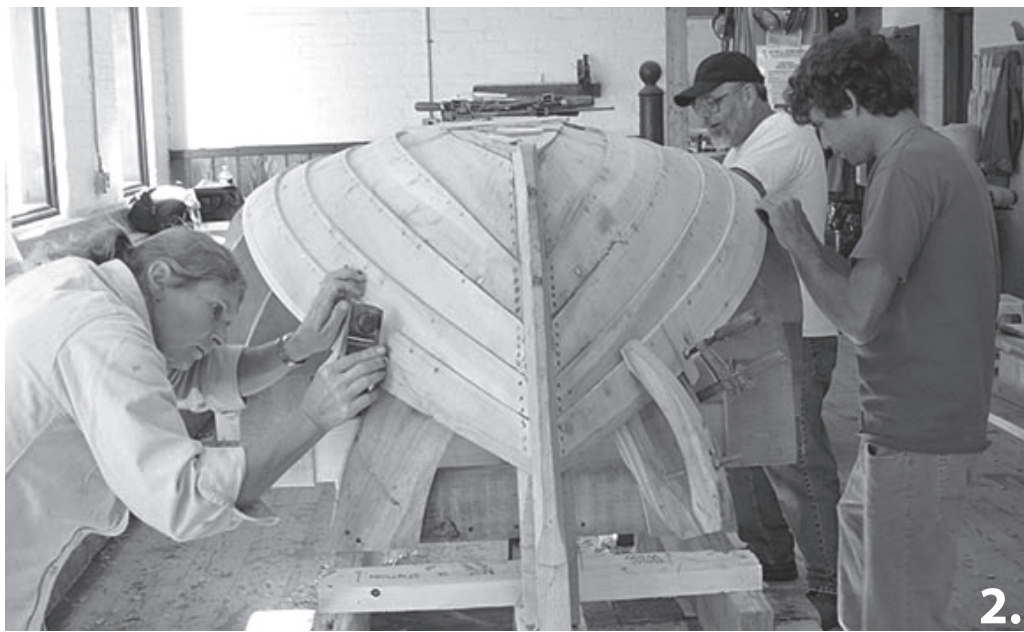
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**Borealis Press**, Blue Hill, contributes two \$50 gift certificates each for Borealis Press cards. [www.funnyandtrue.com](http://www.funnyandtrue.com).

**EverGreen Home Solutions**, a wood, gas and pellet stove provider in Ellsworth offers a gift certificate. Value: \$50.00 [mainestoves.com](http://mainestoves.com)

**Belfast Co-op**. Belfast. A community-owned health food store and deli cafe in downtown Belfast since 1976 offering whole natural foods and other goods and provisions with a wide variety of products that are organically produced and locally grown. Gift Certificate: \$50 value. [www.belfast.coop](http://www.belfast.coop)

**Deer Isle Hostel**, Deer Isle. An off the grid hostel with communal dinners each evening and organic gardens, a canoe and kayak launch and hiking trails provides one lodging for two people including a communal dinner. Value: \$50.00. [www.deerislehostel.com](http://www.deerislehostel.com)

**Opera House Arts - Stonington Opera House** contributes a gift certificate. Value: \$50.00 [www.operahousearts.org](http://www.operahousearts.org)

**The Seasons Of Stonington**, Stonington, a gift and wine store and restaurant, offers a gift certificate redeemable at either the store or the restaurant. Value: \$50.00 [www.seasonsofstonington.com](http://www.seasonsofstonington.com).

**Boynton-McKay Food Co.** Camden. A Main Street landmark since 1893, a place where locals and visitors alike go for good conversation, breakfast, lunch and take home treats. Gift certificate: \$50 value. [www.boynton-mckay.com](http://www.boynton-mckay.com).

**5 Star Nursery**, Brooklin, stocks handcrafted, certified organic hardy heirloom fruit trees, a fruit stand, farmers' market stall, and cider house. One Newt Grindle apple tree (grafted from the heritage tree in Blue Hill). Gift certificate. \$50 value.

**Carding Brook Farm**. Brooklin. This organic farm in Brooklin provides a gift certificate for their seasonal produce and maple syrup, redeemable at the farm stand and at the Brooklin Farmers' Market Memorial Day through Columbus Day 2012 and at their farm stand from June to Columbus Day. Gift Certificate: \$50 value.

**Turtle Gallery**, Deer Isle, is an art and craft gallery and home to many outstanding artists. Gift certificate. Value: \$50.00

**Betsy's Sunflower, Inc.**, Brooklin, A serendipitous shop full of beautiful housewares, garden gear, boating comforts, necessities and paper goods; fun things for everyone. Mail orders accepted. Closed February and March. Gift certificate. Value: \$50.00. [www.betsysunflower.com](http://www.betsysunflower.com).

**Tradewinds**, Blue Hill. Offers a gift certificate for Hannafords Market on South Street. Value: \$50.00.

**Lucy's Granola**, East Blue Hill. Lucy's Granola is a golden mix of whole grains and unprocessed ingredients, local whenever possible. Gift certificate for 6 bags, 2 of each type: original, gluten free, and extra seedy. Value: \$47.00. [www.lucysgranola.com](http://www.lucysgranola.com).

**Contradance Fandango**, Belfast, Bangor, Blue Hill. Tickets for two people to three contradances in Belfast, (first Friday of the month), Bangor (3rd or 5th Friday of the month) and Blue Hill (2nd Friday of the month). Value: \$47.00. [www.belfastflyingshoes.org](http://www.belfastflyingshoes.org).

**Donna Kraft-Smith**, Bangor and Dexter, a Kripalu certified yoga teacher and licensed massage therapist, donates a one hour individual, private yoga instruction session for a beginner. The session is a gentle style of yoga, including stretching, meditation and breathwork. Donna brings to her sessions 26 years experience as a massage therapist. The participant must be in good health. Value: \$45.00. [www.mainemassageschool.com](http://www.mainemassageschool.com).

**Belfast Bicycles**, Belfast, offers a bicycle tune-up. Value: \$45.00 [www.belfastbikes.com](http://www.belfastbikes.com).

**Nervous Nellies Jams & Jellies**, Deer Isle, donates a four-person tea party including four jars of jam to take home. Value: \$45.00. [www.nervousnellies.com](http://www.nervousnellies.com).

**Blossom Studio**, Brooklin. A shop of handmade glassbeads and jewelry, the studio is a splendid offering of Blossom's own and other fine artists' creations, in a rainbow of colors. Gift certificate to be used online or in the shop. Value: \$45.00. [www.blossomstudiobeads.com](http://www.blossomstudiobeads.com).

**George Fowler**, Brooklin, host of New Potatoes and long-time contradance fiddler, offers a one hour fiddle lesson for an adult in his studio in Brooklin and will send you home with a CD. Gift Certificate. Value: \$45.00 [myspace.com/gwfowler](http://myspace.com/gwfowler).

**House Wine**, Bar Harbor. House Wine was voted MDI's best wine shop in 2011. We offer a full selection of wines from Maine and around the world, in addition to beer, sake and cheese. We have a large selection of organic biodynamic wines. Gift certificate for \$20 plus an insulated wine picnic tote. Value: \$45.00 [www.housewineshop.com](http://www.housewineshop.com).

**Yo Mamma's Home**, Belfast. Fun, Funky, Functional Fundamentals for everyone! 2 Xahi Pillows. Value \$44.00 [yomammashome.com](http://yomammashome.com).

**Paul Sullivan/River Music**, Sedgwick. Grammy award-winning pianist and composer, Paul Sullivan collaborates in exciting projects with other fine performers. Paul contributes the new Paul Sullivan - Teresa Thomason CD and a set of sheet music for ten Paul Sullivan compositions. Value: \$40.00 [www.rivermusic.com](http://www.rivermusic.com).

**Rock City Books & Coffee**, Rockland. Breakfast, lunch, light dinner at Rock City Cafe. All foods are homemade, local, and organic. Music in the evenings. Featuring used and new books and a busy coffeehouse, Rock City is a gathering place for conversation, meetings, readings, discussion groups, lunch, art and music. Rock City Coffee Roasters with roasting on site; Fair Trade coffee beans from around the world. Gift card: Value: \$40.00 [www.rockcitycoffee.com](http://www.rockcitycoffee.com).

**Bikes en Java**, Rockland. More than just a bike shop! Enjoy a cup of fantastic coffee, a fully equipped bike rental shop, as well as the latest equipment on the market. Unofficial clubhouse for cyclists and triathletes, provides a performance bicycle tune-up (parts not included). Value: \$35.00 [www.haybikesenjava.com](http://www.haybikesenjava.com)

**Noah Publications**, Brooklin. America's foremost photographer of wooden boats, Benjamin Mendlowitz. Great publications, including calendars, notecards, books, hats, t-shirts, custom photography. Gift certificate for anything on website. Value: \$35 [www.noahpublications.com](http://www.noahpublications.com).

**The Rock and Art Shop**, Bangor, is a collection of rocks, minerals, natural history artifacts, unique gifts and jewelry from Maine and around the world. It is also home to Sahus Gallery, featuring artist Aaron Mitchell of Portland. Gift certificate. Value \$35.00

**Colonial Theatre**, Belfast, offers 4 tickets to the Colonial Theatre. Value: \$34.00 [www.colonialtheatre.com](http://www.colonialtheatre.com).

**Main Street Auto Care**, Ellsworth, donates one oil change. Value: \$31.39. [mainstreetautocare.com](http://mainstreetautocare.com)

**Penobscot Bay Press**, Stonington, provides 2 - one year subscriptions to the Weekly Packet to a Hancock County address. Value: \$30.00 each [www.penobscotbaypress.com](http://www.penobscotbaypress.com).

**Red's Automotive**, Stockton Springs, offers a gift certificate toward oil change/state inspection and auto services. Value: \$30.00

**Maine Discovery Museum**, Bangor, designed for all stages of childhood and for the whole family with hands-on exhibits and daily programs, donates 4 single admission passes. Value: \$30.00. [www.mainediscoverymuseum.org](http://www.mainediscoverymuseum.org).

**Laan Xaang Cafe**, Belfast. A new Thai, Laotian and Vietnamese fusion take-out restaurant using locally grown produce when available---a taste of Southeast Asia using Maine ingredients, offers a gift certificate. Value: \$30.00 [www.laanxaangcafe.com](http://www.laanxaangcafe.com)

**Morning Glory Bakery**, Bar Harbor gives a gift certificate. Value: \$30.00. [www.morningglorybakery.com](http://www.morningglorybakery.com).

**El El Frijoles**, Sargentville. A California style taqueria in a barn. Fresh Mexican cuisine from local foods in a fun setting. Inquire about our catering services; Gift certificate. Value: \$30.00 [www.elelfrijoles.com](http://www.elelfrijoles.com).

**A+B Naturals**, Bar Harbor. A+B Naturals is Bar Harbor's premier natural food store, with a strong commitment to local producers. Shop for your local organic produce, milk, eggs and locally produced groceries of all kinds. Gift certificate to be used by end of 2012. Value: \$30.00. [www.aandbnaturals.com](http://www.aandbnaturals.com).

**Davistown Museum and Maine Arts Guild**, Hulls Cove, part of The Jonesport Wood Company maintains three locations in coastal Maine for the sale of old tools, antiques, antiquarian books, paintings, and prints. Their primary mission is the search for and recovery of usable woodworking tools for reuse as well as for the collections of the Davistown Museum. Gift certificate. Value: \$30. [www.davistownmuseum.org](http://www.davistownmuseum.org).

**Paolina's Way Restaurant**, Camden. For 60 years Grandma Paolina created hearty yet delicate handmade pastas and fresh sauces for her family. Today, with a similar spirit, Christina and her staff joyfully recreate those decade old recipes with ingredients picked daily- many from their own organic farm. 3 gift certificates at \$25.00 each [www.paolinasway.com](http://www.paolinasway.com)

**Window Panes**, Bar Harbor. A shop filled with fun and functional items for the home, offers 2 gift certificates for \$25.00 each to be used by December 2012. [www.windowpanesmdi.com](http://www.windowpanesmdi.com).

**Bar Harbor Bank & Trust**, Deer Isle, provides a \$50 Savings Bond valued at \$25.00 at the time it is issued. The certificate must be claimed within 30 days following the auction.

**Ellsworth Farmers Market** provides a certificate for the 2012 season through October 2012. Value: \$25.00. [pkvolclchausen@escrap.com](mailto:pkvolclchausen@escrap.com).

**George B. Dorr Museum of Natural History, College of the Atlantic**, Bar Harbor has a gift certificate to the museum's gift shop. (Closed in December). Value: \$25.00. [www.coamuseum.org](http://www.coamuseum.org)

**Central Street Farmhouse**, Bangor, An urban homesteading and D. I.Y. shop specializing in homebrewing, cloth diapering, babyweaning, soda-making, cheese-making and much more donates a gift certificate. Open 7 days a week from 10 am to 6 pm. Value: \$25.00. [www.centralstreetfarmhouse.com](http://www.centralstreetfarmhouse.com).

**Belfast Framer and Gallery**, Belfast, offers a gift certificate. Value: \$25.00 [www.thebelfastframer.com](http://www.thebelfastframer.com).

**The Sand Castle** - Ocean & Nature Store, Ellsworth, is providing a gift certificate. Value: \$25.00.

**Canned Goods from Larry Dansinger**, Monroe. Two quarts of Larry's Famous Dilly Beans (the recipe has been published in two cookbooks) and two quarts of Pickled Beets. Both have gotten rave reviews from eaters. Can be picked up in Monroe or may be delivered depending on location. Value: \$25.00

**Coyote Moon**, Belfast. The boutique that speaks to the heart, offering comfortable and elegant clothing, playful and sophisticated jewelry, whimsical and practical accessories. Gift Certificate. Value: \$25.00 [www.coyotemoonmaine.com](http://www.coyotemoonmaine.com)

**Pyramid Studios**, Ellsworth. Creative jewelry design by goldsmiths and brothers Dave and Don Herrington who specialize in custom jewelry solutions of heirloom quality with designs that fit your lifestyle. Gift certificate: \$25 value. Use by 12/4/12. [www.pyramid.ws](http://www.pyramid.ws)

**The Good Table**. Belfast. A fine selection of cookware, table linens, cookbooks, kitchen gadgets and more. Gift certificate: \$25 value. [www.thegoodtable.net](http://www.thegoodtable.net)

**Blue Hill Wine Shop** offers a certificate for one bottle of Trapio Monastrell 2006 organic wine. Value: \$25.00 [www.bluehillwineshop.com](http://www.bluehillwineshop.com).

**44 North Coffee**, Deer Isle. Women-owned coffee roasters in Deer Isle at 44.23 degrees north latitude. Fresh roasted 100 % fair-trade organic coffee sourced from cooperatives around the world presents two 12 oz. bags of coffee. Value: \$22.00 [www.44northcoffee.com](http://www.44northcoffee.com)

**BookStacks**, Bucksport, furnishes a gift certificate. Value: \$20.00 [www.bookstacksmaine.com](http://www.bookstacksmaine.com).

**Maine Jewelry and Art**, Bangor, an artisan run gallery featuring more than 20 Maine artisans, offers a gift certificate to be used by 2/28/12.. Mediums include pottery, jewelry, sculpture, paintings, fiber arts, photography and much more. Something for everyone, in all price ranges. Gift wrapping, gift shipping and custom orders available. Value: \$20.00

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# Putting Babies Back on the Map

By Chris Stark, WERU Volunteer Coordinator



Baby Talk host Cathy Jacobs

Cathy Jacobs hosts *Baby Talk*, held on the 4th Wednesday of the month, from 10 to 11 am.

Cathy says: “*Baby Talk* began in October, 2001 as a half hour program and in October, 2002 was expanded to one hour. I have been the host for the entire ten years and I continue to learn new things from every guest, whether face to face in the studio or by phone from away.

Topics have ranged from the practical (e.g., elimination communication, breastfeeding, cloth diapers) to the poignant (e.g., infant loss, babies affected by substance use, autism) to the thought provoking (e.g., early brain development, teaching babies to read, multiracial households) and beyond. In the future I hope, among other things, to explore new research about infancy, especially concerning the effects of the early months and years on our later emotional and physical health. Ideas for topics and guests are always welcome.”

“The goal of *Baby Talk* is to help put babies and the importance of the prenatal/infant period “on the map.” Research shows that what happens during our gestation and infant period is critical to whom we become but this fact is often ignored. I welcome your feedback.”

In addition to hosting *Baby Talk* Jacobs is the program manager of Hancock County’s Maine Families program which, as she puts it, “has a similar goal, to ensure that expectant and parenting families are nurtured and supported during this critical period in infants’ lives.”

## HEALTHY OPTIONS from page one

proach to *Healthy Options*.” She said, “Let’s face it, if I can undersand the topics we cover, so can the rest of our listening audience.” Andree started out interviewing local practitioners and soon expanded her reach with phone interviews from afar. She says she has had the privilege of interviewing a medical anthropologist from Hawaii, a shaman from Peru and a former prosecutor from the Cooks County Sheriff’s Department of Chicago and has covered such diverse and controversial topics: as vaccinations, medical marijuana, autism, and the legalization of street drugs.

Rhonda Feiman, a licensed acupuncturist and Chinese herbalist, has been involved with radio as a sound engineer, producer and host for over 25 years. She said, “I am thrilled to be able to explore health related topics in depth on *Healthy Options*. For the past few years many of my programs have focused on treatment of trauma. We have explored the ways trauma manifests in the body and have looked at ways to heal and recover. This has involved speaking with practitioners working with veterans, survivors of domestic abuse, earthquake victims and more, as well as discussing how smaller events in our lives can also cause disruption in the body. This is only possible in a setting such as WERU, where we are encouraged to explore topics not fully covered elsewhere. I have looked at issues as diverse as death and dying, and how our relationship to money effects our health. The opportunity to create diverse and eclectic programming which hopefully can help aid our listeners in their own healing processes is what keeps me coming back.” *Healthy Options* hosts have great respect for the WERU listeners and welcome feedback and ideas for future shows.

## LEADER OF THE PACK from page one

vember Thanksgiving show, directors of the Hanock County PCA and Coastal K9 Consulting will talk about “Pets for the Holidays – What you should consider before you think of a pet as a gift.” Future interviews will include the role of service dogs, the latest on dog health issues and therapies, dog training, dogs in the work place, and current studies on the benefits of living with dogs. Joneford invites other suggestions for future shows and welcomes feedback. You can contact him by sending information to *Dog Talk* at [info@weru.org](mailto:info@weru.org).

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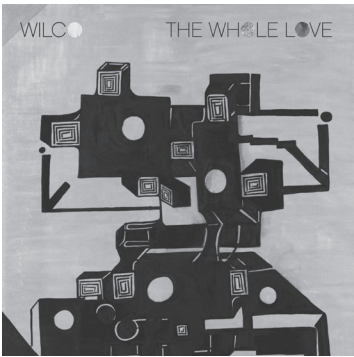


# WERU's New Autumn Featured Artists

By Denis Howard, WERU Music Director

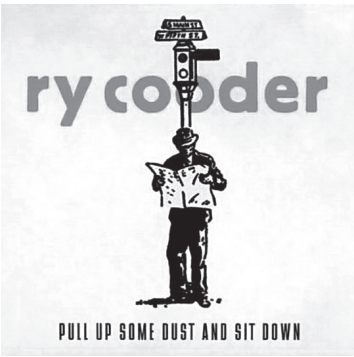
WERU is (as of this writing) currently receiving the most music of the calendar year as independent promoters, musicians, and record companies send their compact discs to our radio station. They are all hoping that our airplay can help drive holiday sales of their material. Even with all of the new avenues to screen music (through mobile devices, placement in movies and television shows, social networks, and other websites) radio is still the place most people hear new music and decide whether to purchase it or not. Our on-air volunteers are experts in their genres of choice and for the most part add their picks for the best new music to their programs. When many other radio stations turn to holiday programming this month you have a local choice to hear the best of the new music while also getting the entire recorded history of it in various formats. With the flood of new releases arriving at WERU we need a Music Department of volunteers to manage it all -- thanks to Pat, Chris, and Lonya for processing all of it!

Various artists have contributed to the new album *The Lost Notebooks Of Hank Williams* and this is currently # 1 on WERU's Americana airplay chart. Hank Williams has been an inspiration for countless country and rock musicians and this was proven when he was inducted into the Country Music Hall of Fame as well as the Rock & Roll Hall of Fame. The list of musicians paying homage to Hank by performing songs from writings left behind in those "lost notebooks" (four bound journals he carried around



the wake of Jay Farrar's leaving the band. Though many musicians have become members of (and left) Wilco since its creation singer Jeff Tweedy and bassist John Stirratt still remain in the current line-up. Wilco has always had one foot in the alternative country world and one in the alternative rock world as their music is descended from both pop and punk with an Americana flavor. The new album, *The Whole Love*, was released (after a twenty-four hour stream on their own website) in late September and has been receiving much attention at WERU since then. Wilco once performed at the Camden Opera House.

Three other albums receiving heavy airplay on WERU this fall show the diversity of our programmers and our listeners. Blues artist (with some folk and country leanings) Malcolm Holcombe recently performed at a WERU benefit concert in Bangor and the accompanying on-air attention shot his latest album *To Drink The Rain* to the top of WERU's AAA (adult album alternative) charts. Canadian songwriter

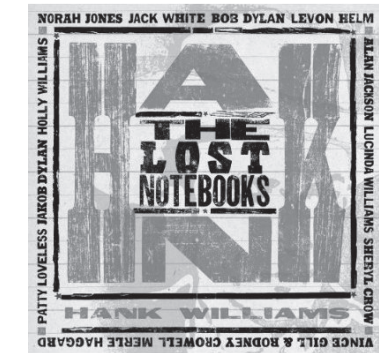


WERU continues to play songs from it for you!

WERU programs that feature electronica music have been playing Neon Indian's *Era Externa* album (available on Mom & Pop). Our world music disc jockeys have actually been playing a Balkan and Eastern European act from Lewiston named Cinder Conk (from the record *Kukeri*). This duo has performed with another WERU world music program mainstay (Fish-tank Ensemble) and has played all over the Northeastern region of the United States. Another musician with Maine roots is in the band Jackson Garrett. Christopher Gore (from Biddeford) is the composer of the group's music and their new album *Let Sleeping Dogs Lie* currently sits at the top of WERU's jazz charts.

One of my most frequent Christmas gifts was music whether it was in the form of an eight-track (Kiss' *Double Platinum*), vinyl (Michael Jackson's *Thriller*), cassette (Daryl Hall & John Oates' *Big Bam Boom*), or compact disc (George Michael's *Faith*). For many years record stores sold most of their product during the weeks of this holiday shopping season. Record companies released special collections (greatest hits collections, tribute albums, or live recordings) and the most anticipated releases by superstars at this time of year in the hopes that shoppers would acquire these as gifts (or for themselves) as Christmas drew ever closer. Much has been written about the last decade's decline of the record industry. Since the dawn of Napster and illegal downloading / sharing of music, followed by the convenience and market dominance of iTunes, the record companies have seen album sales decrease. However, as a fellow lover of music I urge you to

get your gift ideas (for yourself or others) by tuning in to WERU over the next few weeks and hear the best new music available for purchase in multiple genres courtesy of our volunteer programmers! Happy Holidays!



in his briefcase) is a long one. Fellow inspiration to countless others Bob Dylan was the first musician approached for this project and his cooperation allowed Alan Jackson, Lucinda Williams, Norah Jones, and Jack White to finish (or record for the first time) Hank Williams' compositions. Our disc jockeys have loved to spin these unheard lyrics to you on-air.

Another album getting similar attention this fall is the latest (their thirteenth) by Chicago-based act Wilco. This alternative rock group has been around for seventeen years since alternative country group Uncle Tupelo disbanded in



Feist (born Leslie Feist but using only her surname for her career) released *Metals* in early October and has also been getting much airplay. The album was recorded this past February in a wooden room somewhere in California during approximately seventeen days of rainstorms. Composer / singer Ry Cooder (ranked # 8 on Rolling Stone's "The 100 Greatest Guitarists Of All Time" chart) just released his new album *Pull Up Some Dust And Sit Down*. You can hear that album all fall as

[www.weru.org](http://www.weru.org)  
**Featured Podcast**

*Common Health 10/19/11: "Paying For Health Care"*



The cost of health care insurance leapt more than 10% this year, even while our economy, wages and commodity prices have stagnated or declined. In rural parts of Maine small businesses and self-employed workers are seeing insurance rate increases up to 90%. Where are we going and how will we pay the fare? *Common Health* looked at the motivation behind the Affordable Care Act and Public Law 90 and some of the likely consequences. Hear from guests Phil Caper, MD (Health Policy and Management at the Harvard School of Public Health and Research Associate at Harvard's Kennedy School of Government) and Wendy Wolf, MD, MPH (President of the Maine Health Access Foundation).

Download, Listen + Share FREE OF CHARGE: <http://archives.weru.org/common-health/common-health-101911>

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# AUTUMN 2011

PROGRAM SCHEDULE for WERU 89.9FM/99.9FM and online at: <http://weru.org/>

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
5 AM	COUNTRY Downhome Country Doc Morrill	NEW AGE Sunrise Service					"Book Waves" 5-5:30	PUBLIC AFFAIRS "Ecoshock"	5 AM
6	FOLK and Short Features	ECLECTIC MIX OF AMERICANA Plus News, Weather, Upcoming Events & Short Features						FOLK and Short Features	6
9	"Sunday Morning Coffeehouse" Jane Gerlach Mary Kellett John McVeigh & Rosa Livonius	"Morning Maine" Allison Watters      John "Vern" McVeigh      John Hillman-Waters      Brother Al      Denis Howard						"Saturday Morning Coffeehouse" Phil Norris Sean Gambel Chuck Markowitz & Robin Mendenhall	9
10		MUSIC/SATIRE "Scouting the Perimeters" Joneford "Comedy Hour" last Mon. of Month John Greenman & Arthur Monson	FOLK "Front Porch Folk" Phreddie	BLUES "Barefoot Blues Hour" Mike Joyce	COUNTRY "Downhome Country" Doc Morrill	DYLAN "Highway 61" Doc Dufour			10
11	PHILOSOPHY "New Dimensions"	INFORMATION & PUBLIC AFFAIRS * "Alternative Radio"      Rotating Programs      Health Related      Rotating Programs      Live Local Call-Ins						CHILDREN "WERU Family Radio Hour" Scoot Cannon (In rotation with "Imagination Station" & "Story Land")	11
12	FRANCO/ACADIAN "Acadia Highway" Sister Moxie & Sam Spruce	ECLECTIC CONTEMPORARY MUSIC (Singer-songwriter, Folk, Rock, World, Jazz, & More!) "On The Wing"						LATIN and Short Features "Gracias a la Vida" Jim Fisher, William Ryan, Cheo & Susan McClatchy	
1 PM	1960-70's ROCK "Woodstock Nation" Charlie Bickford & Dan Deluca								1 PM
2	MUSIC/STORIES "The General Store"	Elaine Shute Corey Paradise	Rich Hilsinger	Melisenda Ellis	Mark Dyer	Joel Raymond	REGGAE "Reggae Reprieve"		
3	GOSPEL/CLASSICAL "Maine Sunday's Best" Karen Nelson	NEW AGE/INDIGENOUS and Short Features "Earthtones" Lee Witting	ROOTS "Rhythm Ranch" Jay Peterson	BLUES "Blues Station" Fritz Homans	R & B "X-Large Soul Show" Alan Sprague	SOUL "Soul Food" Sister Mango	Ryan Swanson, Michael Heatley & Adam Cram		3
4							FRESH & ECLECTIC "Quinntopia" or "Beastly Jams" Guinn Mitchell or Wes Stearns		4
5	CELTIC "New Potatoes" George Fowler & Kathleen Rybarz	"This Way Out"	"The WERU News Report" *		"RadioActive" *	"Counterspin"	VIDEO GAME CULTURE "This Zombie Gun Sucks" Adam Peruzzi & Michael Arsenault. <b>NEW!</b>	SATIRE/JAZZ "The Humble Farmer"	5
6		"Free Speech Radio News"							6
8	WORLD "A World of Music" Greg Rossel	JAZZ "The Jazz Scene" Jeri Spurling & Gavin Rogers      "Adagio" Drew Darling      "Jazz Straight Ahead" Larry Stahlberg      "Groove Shop" Holbrook Williams				ECLECTIC ROCK "Departure" Joe Fisher Cheryl Morin	ROCK/ECLECTIC "Daydream Nation" Kristy Billings & Andy Buckley	8	
10	ECLECTIC & SPOKEN WORD "Women's Windows" Magdalen Linda Washburn Peaches & Indigo	BLUES "Blues the Healer" Paula Grestorex & John Blaisdell	LATIN/ZYDECO/ DELTA BLUES "A Southern Wind" Ric Pomilia	REGGAE "WERU Drive Thru" Carlton Johnson	BLUEGRASS "Bronzewound" Darwin Davidson, & David Manski	HIP HOP, etc. "Da Vibe" Magnus Johnstone & Sam West	ROCK/ECLECTIC "Left of the Dial"  Duncan Bailey	10	
11	SATIRE "Le Show" w/ Harry Shearer	ECLECTIC "Night Fly" Sanguine Fromage <b>NEW!</b>	ECLECTIC/ WORLD "Northern Journeys" Jeff Ellis	MODERN ROCK "Modern Moonlight" Neal Harkness	ECLECTIC "Target Practice" Brian Graney	EURO POP "Radio Sentrum" Steve Bailey	HEAVY METAL "Head Rush" Brother Luv Lonesome Willie	12 AM	
2 AM	ECLECTRONICA & SPOKEN WORD  "The Matrix" Magnus Johnstone	VARIOUS Rotating Sister Community Radio Stations' Prerecorded Music Programs from Across the USA	ROTATING GENRE "Other Music" Jeff Ellis  TBA	ROCK "R & R Omnibus" Caston Countz of WFRN <b>NEW!</b>	PUNK/SURF "Cat Beast Party" Angie Dorin of WFRN	ELECTRONICA "Trance on the Porch" DJ Mark of KZGM Missouri	ZAPPA "Conceptual Continuity" Howie Kittelson <b>NEW!</b>	2 AM	
3 AM	PUBLIC AFFAIRS "Guns & Butter"	PUBLIC AFFAIRS "Law & Disorder"	PUBLIC AFFAIRS "First Voices Indigenous Radio"	PUBLIC AFFAIRS "Alternative Radio"	PUBLIC AFFAIRS "TUC Radio" PUBLIC AFFAIRS "WINGS"	PUBLIC AFFAIRS "Monitor Radio"	PUBLIC AFFAIRS "Hard Knock Radio" and "Logic Amen"	3 AM	
4 AM	PUBLIC AFFAIRS "Making Contact"	PUBLIC AFFAIRS "Conversations on Healthcare"	PUBLIC AFFAIRS "The Michael Slate Show"	PUBLIC AFFAIRS "Cultural Baggage"	PUBLIC AFFAIRS "Building Bridges"	PUBLIC AFFAIRS "Writers Voice"	PUBLIC AFFAIRS "From the Inside Out"	4 AM	
5 AM	PUBLIC AFFAIRS "Food Sluthe" <b>NEW!</b>	PUBLIC AFFAIRS "Sea Change"		PUBLIC AFFAIRS "Century of Lies"	PUBLIC AFFAIRS "Latin Waves" <b>NEW!</b>			5 AM	
	PUBLIC AFFAIRS "Sprouts"	PUBLIC AFFAIRS "Flashpoints"					PUBLIC AFFAIRS "Uprising"		
	PUBLIC AFFAIRS "Between the Lines"								

## DETAILED PUBLIC AFFAIRS

### WEEKDAY NEWS & FEATURES Morning AM

**6:00 - 6:05** *National Native News (M-F)*  
**6:30 - 6:35** **Short Spoken Word Features**  
Mon: *Media Minutes*  
Tues: *Esoterica\**  
Wed: **Dog Noir NEW!**  
Thurs: *Natural Remedies\**  
Fri: *ACLU Minute NEW!*  
**7:00 - 7:05** *Workers Independent News (M-F)*  
**7:30 - 7:35** **Short Spoken Word Features**  
Mon: *A Word in Edgewise\**  
Tues: *Outside the Box\**  
Wed: *World Ocean Radio\**  
Thurs: *Electronic Cottage\**  
Fri: *Awanadjo Almanack\**  
**7:45 - 8:00** *Featured Artist of the Week (M-F)*  
**8:00 - 8:15** *Democracy Now! Headlines (M-F)*  
**8:30 - 8:35** *Hightower Radio (M-F)*

### Afternoon PM

**2:30 - 2:35** Mon: *Peace Time\**  
**4:00 - 4:28** **Grassroots News/Features**  
Mon: *This Way Out*  
Tues: *WERU News Report\**  
Wed: *WERU News Report\**  
Thurs: *RadioActive\**  
Fri: *CounterSpin*  
**4:28 - 4:30** *Hightower Radio (M-F)*  
**4:30 - 5:00** *Free Speech Radio News (M-F)*  
**5:00 - 6:00** *Democracy Now! (M-F)*

### MONTHLY 10-11 AM PUBLIC AFFAIRS

**Monday** All: *Alternative Radio or local specials*

**Tuesday** 1st: *Conversations thru the Ism Prism\**  
2nd: *BoatTalk\**  
3rd: *Wabanaki Windows\**  
4th: *Living Queer Here\**  
5th: *Making Contact & WINGS*

**Wednesday** 1st: *Healthy Options\**  
2nd & 5th: *Natural Living/Your Own  
Health & Fitness (alternating)*  
3rd: *Common Health\**  
4th: *Baby Talk\**

**Thursday** 1st: *As If Stories\* NEW!*  
2nd: *Writers' Forum\**  
3rd: *WERU Soap Box\**  
4th: *Dog Talk\* NEW!*

**Friday** 1st: *Common Ground\**  
2nd: *Talk of the Towns\**  
3rd: *Midcoast Currents\**  
4th: *Talk of the Towns\**  
5th: *WERU Review\**

### WEEKEND AM PUBLIC AFFAIRS

**6:30 - 6:35** *Isla Earth (Sat. & Sun.)*  
**7:30 - 7:35** **Short Spoken Word Features**  
Sat: *Mindful Parenting\**  
Sun: *Pet Sounds\**  
**8:30 - 8:35** **Short Spoken Word Features**  
Sat: *Walking In The Woods\* NEW!*  
Sun: *Awanadjo Almanack\**  
**10:00 - 11:00** **Grassroots News/Features**  
Sat: *Imagination Station, Story Land  
or WERU Family Radio Hour\**  
Sun: *New Dimensions*  
**11:30 - 11:35** *U.S. - El Salvador Report\* (Sat)*  
**12:00 - 12:05 PM** *Radio Bilingue News (Sat)*

**\*LOCALLY PRODUCED PROGRAMMING:**  
All of which are archived online for you to listen to, download and forward completely free of charge at: <http://archives.weru.org/>

## CURRENT | VOLUNTEER | OPPORTUNITIES

WERU is anything but bland. It is the place where volunteer programmers do their best to present music that is expressive, vibrant, rhythmic, and alternative. And you could be one of them! At WERU there are no Pied Mainstream Pipers leading listeners into the musical cave of the same ol' same ol' mediocrity. We are unique

because WERU's diverse community has kept the station on course for 22 years to "serve the needs of those not fully served by other broadcast media" meaning that we respect individuality and diversity. We celebrate you!

Currently, we are short in our DJ rotation for folk, jazz and reggae

shows. We also need DJs for the mid-night to 2 am spots and as substitutes for a variety of daytime and evening shows. Do you want to be part of a community radio station that is all about diversity and discovery?

As a volunteer powered community radio station our needs are varied. We depend on a large number of

listeners also actively participating as volunteers to keep going forward (¡Adelante!). Volunteers act as public affairs producers, committee members, pledge drive phone volunteers, CD library cataloguers, audio archive digitizers, and the list goes on.

And now, (drumroll please), you can find out about a wide spectrum

of volunteer opportunities by signing up for a Volunteer Orientation on **the 3rd Thursday of each month from 6 to 8 pm** right here at the station in East Orland!

**If Interested, please CONTACT:**  
**Chris at 469-6600 or send an e-mail to [info@weru.org](mailto:info@weru.org).**